

Bangladesh National Mental Health Survey 2019

Study period: 2018-2019

Report Publishing Date: 2021

Key findings

Prevalence of mental disorders in -

Adults (18-99 years)	18.7%
Children (7-17 years)	12.6%
Elderly (≥ 60 years)	28.1%
Urban population	18.9%
Rural population	18.7%
Men	15.7%
Women	21.5%

Common five mental disorders in Bangladeshi adults

Disorder	Prevalence
Depressive disorders	6.7%
Anxiety disorders	4.7%
Somatic symptoms disorders	2.3%
Schizophrenia spectrum and bipolar disorders	1.5%
Obsessive-compulsive disorder	0.7%

Common five mental disorders in Bangladeshi children

Disorder	Prevalence
Neurodevelopmental disorders	5.9%
Anxiety disorders	4.5%
Conduct disorders	1.9%
Sleep disorders	0.6%
Depressive disorders	0.4%